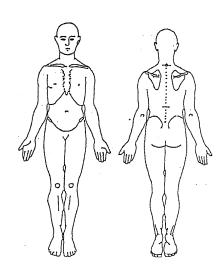
## **Focus Physical Therapy**

- 1. What is the goal you hope to achieve with therapy and why?
- 2. Do you have concerns about therapy?
- 3. Where is your pain? Please mark on the drawings below the areas where you feel your pain.



Pain Scale: Please circle your pain on the lines below.

Family/ Home Responsibilities										
(No pain)	•	2	-		5	6	7	8	9	10 (max pain)
Recre	eation									
(No pain)	1	2	3	4	5	6	7	8	9	10 (max pain)
Socia	ıl Acti	vity	<del> </del>							
(No pain)	1	2	3	4	5	6	7	8	9	10 (max pain)
Occu	pation	 [	<del> </del>							
(No pain)	1	2	3	4	5	6	7	8	9	10 (max pain)
Sexua	ıl Beha	vior								
(No pain)	1	2	3	4	5	6	7	8	9	10 (max pain)
Self-c	are									
(No pain)	1	2	3	4	5	6	7	8	9	10 (max pain)
Exerc	ise									
(No pain)	1	2	3	4	5	6	7	8	9	10 (max pain)
Sleep										
(No pain)	1	2	3	4	5	6	7	8	9	10 (max pain)